



Tilapia

Oreochromis niloticus (Aquaculture)

Nile tilapia (*Oreochromis niloticus*), which is nowadays a genetically improved species, adapted for aquaculture, is one of the most widely farmed warmwater fish groups in the world. Tilapia farming has been commercialized in more than 100 countries, supported by its hardiness and adaptability to a broad range of farming systems. Commercial production is carried out in ponds, cages, tanks, and other intensive systems, making tilapia one of the most flexible and scalable aquaculture species in the global market.

Tilapia is used mainly for human consumption and reaches the market as whole frozen fish and as fresh or frozen fillets. It is valued for its white to slightly pink flesh, very mild taste, and firm texture, which holds well during preparation and cooking. These qualities make tilapia a practical species for retail, foodservice, and everyday consumption markets where consistency and affordability matter.

The main aquaculture nations for tilapia are China, Indonesia, and Egypt, which FAO identifies as the largest global producers. Brazil has also strengthened its position in recent years, while other important producing countries include Bangladesh, Viet Nam, and Costa Rica serving both domestic and export markets.

Categories: Wholesale, Processing, HoReCa, Retail.

Size: WR - 200-1000 g | fillets 3-7 oz

Countries:

Bangladesh
Brazil
China
Costa Rica
Indonesia
Vietnam

Nutrition data:

Calories: 110 kcal.
Protein: 22.5 g.
Fat: 2.3 g.
Omega 3: 0.25 g.
Water: 75.2 g.

Product forms:

WR
Fillets
By-products

Processing:

Landfrozen

More details available on: <https://seachef.eu/en/species/tilapia>

Inquiries

For inquiries, questions or additional information, please feel free to contact us.

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About **SEA CHEF TECHNOLOGIES**

SIA Sea Chef Technologies is an international seafood trading and sourcing company built on a simple idea: to connect reliable seafood production with professional, stable service through strong management, disciplined execution, and modern IT tools. Over time, the company has grown from a focused team into a structured organization with employees and agents operating across different markets, working with a broad portfolio of **frozen and fresh fish, shrimps, and molluscs**. Our growth has been practical rather than theoretical. Every customer, supplier, and project has helped us refine the way we work, from purchasing and quality control to logistics, documentation, and risk management.

We operate in the international seafood B2B segment. Our role is not simply to buy and sell fish, but to create dependable supply solutions in a global market shaped by seasonality, catch volumes, quotas, logistics costs, regulations, currency fluctuations, and shifting customer needs. We combine product expertise with structured internal processes so that our customers receive the right product, in the right quantity, with the right documentation, and in a quality fully suited to its final use. **In this sense, our real product is not only seafood itself, but also information, service, and execution.**

We serve a broad range of professional customer segments across the seafood chain, including importers and wholesalers, processors, distributors, HoReCa businesses, and supermarket chains. Some of our customers are direct end users with highly specific quality and compliance requirements, while others rely on us as a sourcing and logistics partner to bridge information gaps and secure stable supply. What unites them is the need for a professional counterpart who understands seafood products, works confidently with specifications and volumes, and can support both long-term supply programs and spot business. Our customers value speed, clarity, accuracy in documentation, honest communication, and reliable complaint handling, because their own success depends on stable performance from every supplier in the chain.

Our company is guided by a clear set of core principles: promptness, reliability, transparency, and long-term partnership. This combination of product knowledge and process discipline is what defines Sea Chef Technologies and allows us to serve the international seafood market with confidence and consistency.

**The right quality fish. For the right customer.
At the right time. Delivered globally.**



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SPECIES CATALOG



Atlantic Mackerel

WR, HG, Fillets.



Capelin

WR, ROE.



Blue whiting

WR, HG.



Jack mackerel

WR, HGT.



Atlantic Herring

WR, HG, Fillets, ROE.



Silver smelt

WR, HG.



Pacific Hake

WR, HG, Fillets, HGT.



Argentine hake

WR, HG, Fillets, HGT.



Atlantic Salmon

Fillets, HON, By-products.



Steelhead trout

HG, Fillets, ROE, HON, By-products.



Coho salmon

HG, Fillets, ROE, By-products, Steaks.



Chum salmon

HG, Fillets, ROE, Steaks.



King salmon

Fillets, ROE, HON.



Pangasius

WR, Fillets, HGT, By-products, Steaks.



Pink salmon

WR, HG, Fillets, ROE, Steaks.



Tilapia

WR, Fillets, By-products.



Yellowfin tuna

By-products, Steaks, Loins, Chunks, Canned.



Bluefin tuna

HG, By-products, Loins.



Bonito tuna

WR, HG, Loins, Canned.



Skipjack tuna

WR, Loins, Chunks, Canned.



Oilfish

Fillets, HGT, Chunks.



Greenland Halibut

WR, Fillets, HGT, Steaks, HG / J-cut.



Redfish

WR, Fillets, HG / J-cut.



Saithe

WR, HG, Fillets, By-products, HG / J-cut.



Yellow croaker

WR, WR/Gutted.



Pacific saury

WR, Canned, WR/Gutted.



Pacific mackerel

WR, HG, HGT.



Blue mackerel

WR, HG, HGT.

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